

DESCRIPTION

Moors, Mills and Movement is a lovely bicycle route of 20 km. The starting point is in Nysted, at the tourist information centre by the harbour.

The bicycle route winds over the flat coastal area west of Nysted, past Ålholm Castle, the idyllic village of Stubberup and the beautiful Herritslev Moor - by the Baltic Sea.

Have a rest at the picnic area at Stubberup Moor, or wait until you get to Bregninge church in the village of Grønnegade. The tiny church has no bell tower, instead the bell hangs from a wooden bell stand.

East of Grønnegade the route passes two fine dolmens, burial chambers from the stone age.

In Kettinge, visit a former quarry that has been converted into a park. Visit the mill and purchase refreshments.

The entire route follows minor roads with little traffic, in a comfortable, flat landscape.

DOWNLOAD THE APP

Download the Naturlandet app on Google Play or the App Store to access more information about experiences and facilities on the bicycle route.

Explore the app to find more interesting experiences in nature and routes on Lolland-Falster.



RENT A BIKE

Bicycles and electric bikes can be hired at Nysted Strand Camping.

INFO

The bicycle route is signposted with blue signs - you just need to follow the windmill symbols.

Other bicycle routes you may encounter on the way are The Prehistory Route (dolmen), Explore Naturlandet (N), and the Monk Road (88).

We recommend following the route in the direction that follows the numbers on the map. The bicycle route is signposted in this direction. You will also come across a sign every time the route turns. If there isn't a sign, then just follow the road.

Food and refreshments can be purchased in Nysted and Kettinge.

PUBLIC TRANSPORT

The bicycle route starts at the tourist information centre at Nysted harbour. You can get to the harbour with a bus, which can also carry your bicycle.

Naturlandet recommends rejseplanen.dk for bus and train schedules.

VISITING PRIVATE PROPERTY

The bicycle route passes Ålholm Hestehave forest, which is also worth a visit. The park is privately owned.

When visiting private property, please observe the following rules:

- ◆ Access permitted in private forests from 6 am until sunset.
- ◆ Access only permitted on paths and roads. For example, you cannot walk into the forest to eat your lunch pack.
- ◆ Collecting mushrooms and berries only permitted if you can reach them from the road



Moors, Mill and Movement

- small villages and beautiful landscapes west of Nysted



Moors, Mills and Movement

Start and end: Nysted harbour

Length: 20 km

Surface: 18 km asphalt - 2 km gravel/dirt/grass

Road-type: 16 km road, mixed traffic - 4 km bikelane/path

EXPERIENCES

1 Ålholm Castle

The oldest parts of the castle are from the 1300s. The castle is privately owned and there is no public access.

2 Ålholm Hestehave forest

Small forest with park area and a manorly air. Formerly used as grazing area for Ålholm Castle's horses. Open to the public. A walk around the park is approx. 4 km long.

3 Stubberup

Little, idyllic village with many well-preserved historical half-timbered houses, a marina, beach and a small holiday centre.

4 Stubberup Moor

An overgrown high moor surrounded by lovely natural scenery. There is a good trail to a picnic area by the moor from Stubberup.

5 Herritslev Moor

Grazed saltmarshes and moor areas all the way out to the coast. There is a lovely view of the moor and sea from the road.

6 Bregninge Church

Tiny medieval church with no bell tower, features a wooden bell stand. There is a copy of a Viking Age runestone in the churchyard.

7 Dolmens at Grønnegade

Two well-preserved Stone Age dolmens, located close to the road.

8 Kettinge Quarry

Former quarry converted to a park and nature area. The quarry has a nature playground and picnic benches.

9 Kettinge Mill

Restored Dutch windmill, open certain days in the summer.

10 Kettinge Church

Medieval church with significant frescoes: Kettinge is a road church and therefore open to the public some week days

11 Nysted

Charming market town with many fine historical houses and a lively marina with restaurants, tourist information and much more. Lovely beach just east of the town, close to the campground.



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ACCOMODATION

- A** Nysted Strand Camping og Hytteferie
- B** Hotel Nysted Havn
- C** The Cottage, Nysted
- D** Ralle og Rie B&B, Kettinge
- E** Den Gamle Gård, Stubberup

RESTAURANTS

- The Cottage
- Restaurant Nysted Havn
- Restaurant Ö

SERVICE

- Tourist information
- Harbour office

GROCERIES

- Kettinge Brugs
- Netto Nysted
- DagliBrugsen Nysted

MAP KEY

- Mobile home
- Beach
- Town
- Camping
- Ancient monument
- Groceries
- Church
- Playground
- Marina
- Mill
- Nature
- Scenic spot
- Accomodation
- P** Parking
- Attraction
- Restaurant
- WC** Toilet
- i** Tourist information

